

Schedule of Events

Friday, June 6, 2008

Event	Site	Time
Athlete Check-In	Wellness Center	8 am – 5 pm
Track Officials Training	HPE Building Rm. 16	8 am – 5 pm
Classification	Wellness Center (Rm. 125)	9 am – 4:30 pm
Open Track Practice	Edmond North HS	9 am – 6 pm
Boccia	Wantland Hall	10 am
Powerlifting Weigh In	Hamilton Field House	8 am
Powerlifting	Hamilton Field House	10 am
Outdoor Archery	Cheyenne Middle School	9 am
Adult 3-on-3 WC Basketball (3 courts)	Wellness Center	9 am
Junior 3-on-3 WC Basketball (1 court)	Wellness Center	9 am
Table Tennis	Wellness Center	1 pm
Open Swim Practice	Hamilton Field House	10 am – 2 pm
Opening Ceremony	Hamilton Field House	7:30 pm

Saturday, June 7, 2008

Event	Site	Time
Track Warm-up	ENHS	8 – 8:30 am
Track	ENHS	8:30 am – 1:30 pm
Order of Events: 20m, 1500m, 60m, 60m weave, 400m, 100m, 800m, 200m		
Adult Sitting Javelin	ENHS	9 am
Adult Standing Javelin	ENHS	10 am
Adult Sitting Shot Put	ENHS	10 am
High Jump (all classes)	ENHS	11 am
Tennis Check In	ENHS	9 am
Tennis	ENHS	9:30 am
Outdoor Archery	Cheyenne Middle School	9 am
Shooting	Wellness Center	9 am – 3 pm
Lunch	ENHS	1 pm
Field Events	ENHS	2 pm
Events: Class A-E, Jr. Standing Discus, Jr. Standing Shot/Softball, Jr. Long Jump, Adult Stand-		
ing Shot Put		
Open Swim Practice	Hamilton Field House	3 – 6 pm
Athlete Banquet	Hamilton Field House	7:30 pm
Swimming Officials Training	Hamilton Field House	8 am – 5 pm

Sunday, June 8, 2008

Event	Site	Time
Track Warm-up	ENHS	7:30 am
5000m	ENHS	8 am
Adult Sitting Discus	ENHS	8:30 am
Adult Standing Discus	ENHS	8:30 am
Junior Standing Javelin/Club	ENHS	8:30 am
Adult Long Jump	ENHS	8:30 am
Tennis Conclusion (if needed)	UCO Tennis Courts	9 am
Swimming	Hamilton Field House	10 am
Indoor Archery	Hamilton Field House	10 am
Pentathlon	ENHS	11 am